

### Loose Bracket



Eating hard or sticky foods can cause breakage, but it is **NOT** an emergency. If you are not in discomfort, we can repair the problem at your regular visit. Simply leave the bracket in place or cover it with wax for comfort. If it comes out completely, just bring it to your next visit or throw it away.

### Wire is Completely Out



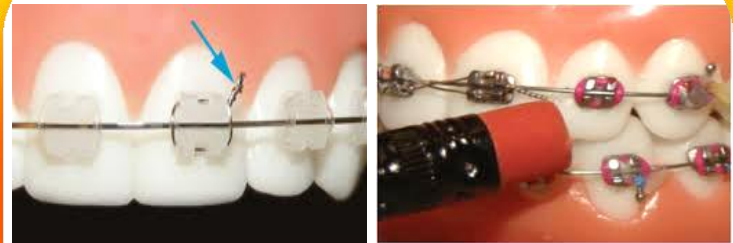
During treatment it is not uncommon for the wire to pop out of the tube. Try and push it back into the tube with your hands or clean tweezers; ask someone to help. If it continues to bother you, use clean nail clippers (use isopropyl alcohol) to cut the wire and remove the loose pieces.

### Wire End Poking



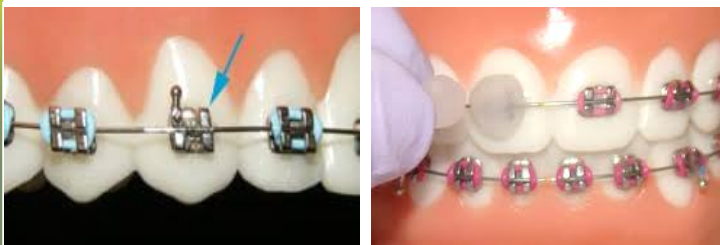
Occasionally, the wire can protrude and irritate the cheek. First try and bend the wire towards the tooth using a pencil eraser or cotton swab. Second, cut the wire with clean nail clippers. Third, place a good amount of wax over the area. If none of these solutions work and the wire still bothers you, call our office.

### Poking Steel Tie



Steel ligatures secure the wire to the brackets and hard foods can dislodge the ends and cause irritation. Simply use a pencil eraser to push the end back into place, then cover the area with wax until the discomfort ceases.

### Lost Tie Over Bracket



Tiny rubber bands (ligatures or ties) hold the wire to the bracket. If the band comes off, it is not an emergency, and we will replace it at your next visit.

### Tooth Discomfort and Ulcers



Tooth discomfort, loose teeth, and ulcers are normal with braces. Eat a soft diet and take over-the-counter pain medication. Use wax generously. Clean teeth and gums will allow ulcers to heal faster.

Always call us with questions • You can email or text us a picture to give us a better idea of any problem that arises.